Rebar: Reinforce Your Career with Self-Mentoring

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Rebar: Reinforce your career with self-mentoring
Xan Goodman, Health & Life Sciences Librarian
Lied Library, University of Nevada, Las Vegas, Las Vegas, NV
MLA 2014, Chicago, IL, Poster Session

Methods
- Survey research - 10 question survey
- Distributed via MED-LIB-L, NCNMLG, MGLSCA, MCMLA, and direct e-mails to 58 provisional AHIP members

Results
- 65 respondents overall. Total number of respondents for each question varied.
- Over 30% of respondents indicated 1-5 years as a librarian
- 43% of respondents work in universities, 32% in hospitals

Descriptive Statistics

<table>
<thead>
<tr>
<th>Question</th>
<th>Mean</th>
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</thead>
<tbody>
<tr>
<td>2</td>
<td>3.06</td>
</tr>
<tr>
<td>4</td>
<td>1.66</td>
</tr>
<tr>
<td>5</td>
<td>2.55</td>
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<tr>
<td>6</td>
<td>1.8</td>
</tr>
<tr>
<td>7</td>
<td>2.54</td>
</tr>
<tr>
<td>8</td>
<td>1.85</td>
</tr>
<tr>
<td>9</td>
<td>2.5</td>
</tr>
</tbody>
</table>

Further Research
- Apply content analysis to open ended survey responses.

Self Mentoring Strategies
- Talking to colleagues
- Reading; networking
- Productivity, learning and applying new technology
- Read Professional journals and newsletters and from other departments of my work place. Attend various committee meetings and seminars presented by other departments
- Join various professional webinars from organizations and vendors.
- Work with younger librarians
- Professional reading, going to MLA annual meetings and local library meetings, webinars, Informal work-life balance strategies.
- Historical research.
- N=57 respondents answered the self-mentoring question.

Effectiveness of Mentoring

<table>
<thead>
<tr>
<th></th>
<th>Very Effective</th>
<th>Somewhat Effective</th>
<th>Effective</th>
<th>Not Effective</th>
</tr>
</thead>
<tbody>
<tr>
<td>AHIP Mentoring</td>
<td>9%</td>
<td>18%</td>
<td>38%</td>
<td>20%</td>
</tr>
<tr>
<td>MLA Conference Mentoring</td>
<td>23%</td>
<td>8%</td>
<td>10%</td>
<td>40%</td>
</tr>
<tr>
<td>Regional Mentoring</td>
<td>18%</td>
<td>23%</td>
<td>32%</td>
<td>31%</td>
</tr>
</tbody>
</table>

Mentoring Program Utilization

Have you used the MLA conference mentoring program?
- Yes: 20%
- No: 80%

Do you have an AHIP Mentor?
- Yes: 34%
- No: 66%

Do you participate in any of the mentoring programs offered by MLA regional chapters?
- Yes: 85%
- No: 15%

Google Drive Link:
https://drive.google.com/folderview?id=0B4lddiPU57nnNmNqZmV6VC1GVbQ&usp=sharing

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