

Igniting Passion for Science Across a Vast Ocean: Nurturing a New Generation of Pacific Island Scientists

## Journal of Health Disparities Research and Practice

Volume 9 Issue 5 *Special Issue - NIDDK STEP UP* 

Article 26

© Center for Health Disparities Research, School of Public Health, University of Nevada, Las Vegas

2016

# Igniting Passion for Science Across a Vast Ocean: Nurturing a New Generation of Pacific Island Scientists

George Hui, John A. Burns School of Medicine, University of Hawaii

Danielle Clements, John A. Burns School of Medicine, University of Hawaii

Follow this and additional works at: https://digitalscholarship.unlv.edu/jhdrp

Part of the Bilingual, Multilingual, and Multicultural Education Commons, Community College Leadership

Commons, Higher Education Commons, Immune System Diseases Commons, Public Health Commons, Translational

Medical Research Commons, and the Virus Diseases Commons

#### **Recommended Citation**

Hui, George and Clements, Danielle (2016) "Igniting Passion for Science Across a Vast Ocean: Nurturing a New Generation of Pacific Island Scientists," *Journal of Health Disparities Research and Practice*: Vol. 9: Iss. 5, Article 26.

Available at: https://digitalscholarship.unlv.edu/jhdrp/vol9/iss5/26

This Article is protected by copyright and/or related rights. It has been brought to you by Digital Scholarship@UNLV with permission from the rights-holder(s). You are free to use this Article in any way that is permitted by the copyright and related rights legislation that applies to your use. For other uses you need to obtain permission from the rights-holder(s) directly, unless additional rights are indicated by a Creative Commons license in the record and/or on the work itself.

This Article has been accepted for inclusion in Journal of Health Disparities Research and Practice by an authorized administrator of Digital Scholarship@UNLV. For more information, please contact digitalscholarship@unlv.edu.

## Igniting Passion for Science Across a Vast Ocean: Nurturing a New Generation of Pacific Island Scientists

## **Abstract**

This article introduces the work that was done through the Coordinating Center at the John A. Burns School of Medicine at the University of Hawaii.

## Keywords

Minority Health; Health Disparities; Disadvantaged Populations; Biomedical Research; STEP-UP; Pacific

42 Igniting Passion for Science Across a Vast Ocean: Nurturing a New Generation of Pacific Island Scientists
Hui and Clements



## Journal of Health Disparities Research and Practice Volume 9, Special Edition 1, Summer 2016, pp. 42-44

© 2011 Center for Health Disparities Research School of Community Health Sciences University of Nevada, Las Vegas

## Igniting Passion for Science Across a Vast Ocean: Nurturing a New Generation of Pacific Island Scientists

George Hui, John A. Burns School of Medicine, University of Hawaii Danielle Clements, John A. Burns School of Medicine, University of Hawaii **Coordinating Center:** John A. Burns School of Medicine, University of Hawaii

### INTRODUCTION

Health disparities and their disproportionate burden on minority and disadvantaged populations continue to plague communities across the United States (healthypeople.gov). Because they tend to manifest in other areas including education, employment, and socioeconomic status, the issue has further implications that transcend just the issue of health but also that of a person's overall well-being and future prospects.

The geographical and cultural milieu of the Pacific make it unique. Despite its majestic setting, the Pacific Islands are not exempt from its share of health issues. Resource limitations exacerbated by the sheer remoteness of many island communities perpetuate health disparities. In the Marshall Islands, limited economic and medical resources compounded by crowded living conditions have given rise to increasingly serious health concerns for diseases such as tuberculosis and leprosy (WHO 2014; US Embassy RMI 2005). In American Samoa, Type II diabetes has reached epidemic proportions. In a place where food preferences have transitioned from fresh to fried, and where there are social and cultural expectations related to food consumption, the problem continues to persist (Rosen et al., 2008). It is widely agreed upon that health disparities in such communities are best tackled by healthcare professionals and researchers who are culturally sensitive and who have intimate ties with the local population. Knowing this, the education and professional development of young and eager students in these Pacific communities is of utmost priority.

The NIH/NIDDK STEP-UP Program was launched in 1994 in order to address health disparities among minority and disadvantaged populations across the US and has since developed to extend to much of the Pacific region. This includes Hawaii as well as the US-affiliated territories and compact states: American Samoa, Guam, the Commonwealth of the

Journal of Health Disparities Research and Practice, Volume 9, Special Edition 1, Summer 2016

The Pursuit of Young Researchers: NIDDK STEP-UP

http://digitalscholarship.unlv.edu/jhdrp/

43 Igniting Passion for Science Across a Vast Ocean: Nurturing a New Generation of Pacific Island Scientists

Hui and Clements

Northern Mariana Islands, the Federated States of Micronesia, the Republic of Palau, and the Republic of the Marshall Islands. STEP-UP provides enthusiastic high school students with the opportunity to further develop their interests and commitment to careers in science and research and as a result diversify the biomedical and healthcare work forces essential to meeting the needs of their underserved communities.

In recent years, it has been a priority of Pacific STEP-UP, a component of the national program, to create opportunities for high school students to gain hands-on laboratory experience in their local settings. Since 2010, five laboratories capable of both basic as well as more sophisticated molecular biology research and activities have been established at local colleges across the Pacific. Not only do these facilities provide opportunities for students to actively engage in science, it strengthens the infrastructure and capabilities of both the local colleges and the wider community. It is the hope of Pacific STEP-UP that these efforts continue to evolve and lead to sustainable solutions that address health disparities in Native Hawaiian and Pacific Island communities.

Dr. Hui and Ms. Clements are extremely grateful for the opportunity to be a part of such a meaningful and rewarding program. STEP-UP in the Pacific has been a collaborative effort and we wish to thank the other Coordinating Centers, NIH partners, as well as institutions and agencies across the Pacific who continue to support and promote STEP-UP's mission in our island communities. To the countless individuals who have given selflessly of their time, mentorship and support, the program would not be possible without you and we cannot thank you enough. Pacific STEP-UP is funded by NIH/NIDDK grant number R25DK078386.

**Keywords:** Minority health, health disparities, disadvantaged populations, biomedical research, STEP-UP, Pacific

### **ACKNOWLEDGEMENTS**

The STEP-UP HS program is supported by the National Institute of Diabetes and Digestive and Kidney Diseases of the National Institutes of Health, Grant number: R25DK078386

### REFERENCES

- Rosen, R., DePue, J., McGarvey, S. (2008). Overweight and Diabetes in American Samoa: The Cultural Translation of Research into Health Care Practice. *Medicine and Health/Rhode Island*, 91(12) 372-377.
- US Census Bureau. (2004). The American Community: Pacific Islanders: 2004. Retrieved from http://www.census.gov/prod/2007pubs/acs-06.pdf
- US Embassy RMI. (2005). Health in the Marshall Islands. Retrieved from http://www.rmiembassyus.org/Health.htm

44 Igniting Passion for Science Across a Vast Ocean: Nurturing a New Generation of Pacific Island Scientists Hui and Clements

WHO (2014). Marshall Islands – Tuberculosis Profile. Retrieved from https://extranet.who.int/sree/Reports?op=Replet&name=/WHO\_HQ\_Reports/G2/PROD/EXT/TBCountryProfile&ISO2=MH&outtype=html