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ARTICLE

Evaluating the Solution Focused Wellness for HIV Intervention for Women: A Pilot Study

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摘要

在美国，女性艾滋病毒携带者的健康状况受到性别差异的影响，其中有色人种女性的性别差异影响巨大。为了解决这个问题，创建了女性艾滋病毒携带者的焦点解决健康干预方案（SFWH）。在本文中，我们报告了最新的SFWH初步定量研究结果。为携带HIV的女性提供了七次团体干预（N = 14），以评估其有效性。结果表明，五周后随访与基线相比，该干预措施带来了显著的多维度健康改善。被试的CD4和病毒载量没有明显变化。为了增加获得干预的机会并保留社区对HIV护理工作，计划对SFWH进一步调整。

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