The Cystic Fibrosis Foundation

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The Cystic Fibrosis Foundation

Social Problem/Issue Research

Cystic Fibrosis

Cystic Fibrosis, which is a common lung disease that produces thick mucus in the lungs which often leads to respiratory infections, is one of the most common genetic disorders. According to Cystic Fibrosis, patients who are diagnosed with Cystic Fibrosis can live with one of the most common genetic disorders. According to Cystic Fibrosis, patients who are diagnosed with Cystic Fibrosis can live with Cystic Fibrosis can live with this disease which is a genetic disorder that affects the lungs, pancreas, and digestive system. This disease is caused by a gene mutation that affects the production of a protein called cystic fibrosis transmembrane conductance regulator (CFTR). People with Cystic Fibrosis have a higher risk of lung infections and difficulty breathing. They may also have digestive problems, such as difficulty producing enough digestive enzymes to break down food, and a higher risk of pancreatitis (inflammation of the pancreas). According to Cystic Fibrosis, patients who are diagnosed with Cystic Fibrosis can live with this disease which is a genetic disorder that affects the lungs, pancreas, and digestive system. This disease is caused by a gene mutation that affects the production of a protein called cystic fibrosis transmembrane conductance regulator (CFTR). People with Cystic Fibrosis have a higher risk of lung infections and difficulty breathing. They may also have digestive problems, such as difficulty producing enough digestive enzymes to break down food, and a higher risk of pancreatitis (inflammation of the pancreas).

Social Issue

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Service Site Approach to Issue

Stephanie and Kathe work to engage the community through social activities, big fundraising events, donation drives, and office get-togethers for the community. They run a very open office, where they constantly receive visits directly from CF patients and their families. The CF-focused events each semester, this semester focused on creating décor for the Nevada CF Climb event happening on December 2, 2017. This is the last big event happening for 2017.

Semester Reflection

Pros
- Met great people who worked with, Kathe and Stephanie, and other such passionate people to work with. They truly made me feel at home.
- Great Cause: After much research and now volunteer experience with the CFF, it is apparent to me that this is an important cause that needs attention.
- Close to home: the office where I did a majority of my volunteering was only a few minute drive from my house. Very convenient!

Cons
- Variation of location: I enjoyed the work I did but volunteering at an office gets bland. I was itching to get out and participate in hands-on events.
- Lack of hands on events: I was only able to help out for one hands-on event for the semester. I missed a majority of the events upon starting the Service Learning project.

Expectations

I expected to undergo tedious office tasks while not truly gaining much from the community service. Knowing that it was going to be office work that I was going to be enduring, I did not foresee any type of extravagant experience to blossom. Upon entering the later months after getting acclimated at the CFF and taking on more important tasks, my service felt much more redeeming. I feel like I couldn’t have received this same experience at any other site. This is a site I will stay in close contact with.

References


Social Problem/Issue Research

Service to Community

By Ben Brikman

Differences Making and Future

Differences in My Own Views

I believe the last half of my service, which was used to promote CFF's upcoming event, has made a difference for the site I am working with. I have alleviated certain tasks that merely two workers must take on year-round. Having a third mind in the building has also created the tele-marketing campaign that I mentioned above. I created my own tasks and made my own goals for the CFF. The two ladies that I have been working with have expressed their gratitude multiple times and makes me feel appreciated.

Personal Learning

What I learned from volunteering in an office this semester is that there is not one most meaningful type of service. Service comes in many forms and they all are greatly appreciated as well as needed. I used to think of community service as only service that directly occurs with the community, but the background/ set up for the service is a huge part as well. Events help the community directly while office help aides the ones who are making this all happen. Both are extremely important to any non-profit.

Future Change, Effort, and Outcomes

I plan to continue working with the CFF and helping them out at their big events. The CFF has had the biggest impact on my life as a non-profit organization and will always have a special place in my heart. Not only will I continue to volunteer but I will advocate for this organization. I will spread awareness of a disease that should be brought to national attention.

By Ben Brikman

Cystic Fibrosis Foundation

Service Learning Experience

Semester Reflection

My experience at the Henderson CFF office was unexpectedly eventful. I initially thought that office work would be very repetitive, boring and meaningless. I could not have been more wrong. In my time at the CFF office I made decorations for their events, I did a tele-marketing campaign for an upcoming event and I am also preparing and volunteering for their last big event of the year, the Nevada CF Climb.

Expectations

I expected to undergo tedious office tasks while not truly gaining much from the community service. Knowing that it was going to be office work that I was going to be enduring, I did not foresee any type of extravagant experience to blossom. Upon entering the later months after getting acclimated at the CFF and taking on more important tasks, my service felt much more redeeming. I feel like I couldn’t have received this same experience at any other site. This is a site I will stay in close contact with.