Self-Assessment in the College Curriculum

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# Self-Assessment in the College Curriculum

## Self-Assessment

- "...the process of reflecting on and evaluating your personal characteristics..." (Cuseo, Fecas, & Thompson, n.d., p. 28)
- The use of self-assessment in the college curriculum is an extensive and wide-reaching endeavor. In essence, through a variety of pedagogical and curricular methods, students are given the opportunity to think about themselves.

## Introspection and Metacognition

- Students may identify their abilities, strengths, preferences, challenges, perspectives, worldviews, and backgrounds

## Examples

- FOCUS 2, Myers-Briggs Type Indicator
- Essays on one’s own cultural influences, values, identity, or perspectives

## College Success

- Among other areas, there are implications for learning habits, learning styles, and academic self-concept (Cuseo, Fecas, & Thompson, n.d.)


## Resources and where to find them

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<th>FOCUS 2</th>
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FOCUS 2 is an online self-assessment tool used for career/major exploration

## How other UNLV teachers might adopt this practice

- Majors/Careers: FOCUS 2 may be beneficial for helping students gain insight into a major/career. Students can take the various self-assessments on FOCUS 2 and investigate majors/careers from the results. Students can also reflect upon their results.
- Identity and Culture: In an effort to understand one's relationships and interactions with various perspectives, students can investigate their own identity and/or culture, and its implications. Students can write a reflective essay.

## Contact

- For lessons, assignments, topics, or ideas on self-assessment in the curriculum, please feel free to email me joseph.ervin@unlv.edu

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