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Self-Assessment in the College Curriculum

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Self-Assessment in the College Curriculum

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The practice and the need it addresses

Self-Assessment

- “...the process of reflecting on and evaluating your personal characteristics...” (Cuseo, Fecas, & Thompson, n.d., p. 28)
- The use of self-assessment in the college curriculum is an extensive and wide-reaching endeavor. In essence, through a variety of pedagogical and curricular methods, students are given the opportunity to think about themselves.

Introspection and Metacognition

- Students may identify their abilities, strengths, preferences, challenges, perspectives, worldviews, and backgrounds

Examples

- FOCUS 2, Myers-Briggs Type Indicator
- Essays on one’s own cultural influences, values, identity, or perspectives

Evidence this practice benefits UNLV Students

Student Perspectives

- The following quotes are taken from presentations in the Fall of 2017, across four sections with over one-hundred students total. Quotes were chosen because they referenced the FOCUS 2 self-assessment we completed as part of an assignment:

“Helped me reflect on my values, interests, and personality
Opened me to different parts of myself”

“Gave me a list of majors that reflected my personality
Reminded me of some of my personal traits”

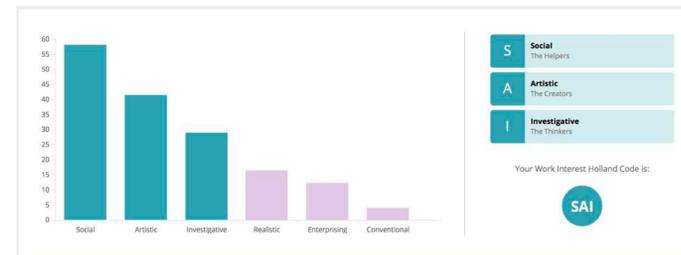
College Success

- Among other areas, there are implications for learning habits, learning styles, and academic self-concept (Cuseo, Fecas, & Thompson, n.d.)

Cuseo, Fecas, & Thompson (n.d.). Touching all the bases: An overview and preview of the most powerful principles of college success. In C. Heavey & D. Gianoutsos (Eds.), *Achieving success: A guide for college and life (second edition)* (pp. 7-37). Dubuque, IA: Kendall Hunt Publishing Company. (9781465229892)

Resources and where to find them

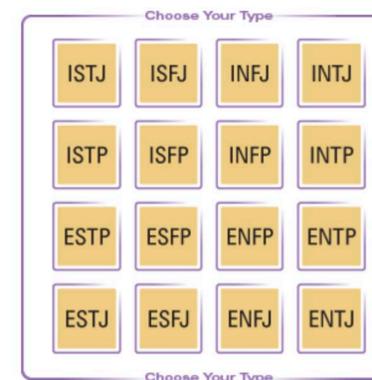
FOCUS 2



FOCUS 2 (2018). *Work interest assessment*. [PNG]. Retrieved from <http://www.focus2career.com/LoggedIn/WorkInterestAssessmentSummary.cfm?Unique={ts%20%27%2018-0104%2012:27:14%27}>

FOCUS 2 is an online self-assessment tool used for career/major exploration

Myers-Briggs Type Indicator



The Myers & Briggs Foundation (2018). *The myers and briggs foundation: MBTI@ basics*. [PNG]. Retrieved from <http://www.myersbriggs.org/my-mbti-personality-type/mbti-basics/>

The Myers-Briggs Type Indicator is used to identify personality and preferences

How other UNLV teachers might adopt this practice

Curriculum

- Majors/Careers:** FOCUS 2 may be beneficial for helping students gain insight into a major/career. Students can take the various self-assessments on FOCUS 2 and investigate majors/careers from the results. Students can also reflect upon their results.
- Identity and Culture:** In an effort to understand one’s relationships and interactions with various perspectives, students can investigate their own identity and/or culture, and its implications. Students can write a reflective essay.

Contact

- For lessons, assignments, topics, or ideas on self-assessment in the curriculum, please feel free to email me joseph.ervin@unlv.edu