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Back to Basics: A Solution Focused Take on Using and Teaching Basic Communication Skills for Health Care Professionals

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ARTÍCULO

Back to Basics: A Solution Focused Take on Using and Teaching Basic Communication Skills for Health Care Professionals

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Abstracción

Este proyecto propone que enseñar inmediatamente a los profesionales de la salud las habilidades básicas de comunicación bajo la perspectiva de un Enfoque en Soluciones, proporcionará beneficios terapéuticos tanto para el cliente como para el proveedor de atención. En primer lugar, este artículo se centra en el desarrollo de un pequeño conjunto de principios básicos para el trabajo Enfocado en Soluciones, que se explica fácilmente a cualquier audiencia. En segundo lugar, aborda la pregunta “¿cómo se pueden aplicar inmediatamente las habilidades básicas de comunicación bajo la perspectiva de un Enfoque en Soluciones?”

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