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Adolescent Athlete Perceptions of Gender Differences in Coaching

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✦ **Adolescent Athlete**
✦ **Perceptions of Gender**
✦ **Differences in**
Coaching

Presented by: Ivannia Cabrera
Faculty Advisor: Dr. Peter Gray



Biases Against Women

01

Title IX

Implicated in 1972.

02

Unequal Representation

Women are limited in social media.

03

Gendered Coaching Styles

Aggression vs. Emotion

04

Gendered Perceptions

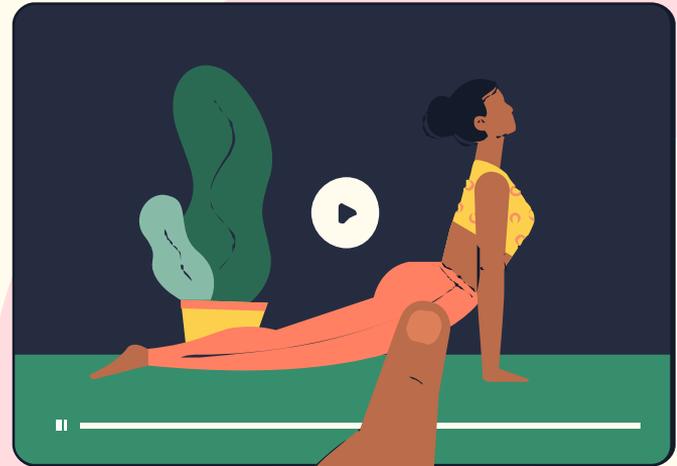
Positive Feedback, Democratic Behavior, and Social Support.

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Hypothesis

How is the preference for coaching intertwined with sports?

- Do athletes differ in their perceptions of having a male or female coach?
- Is there an obvious preference between the genders?
- What kind of behaviors are associated with each gender?



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Procedure



Participants

11 to 18 years
11 sports



Materials

Online Survey
16 questions



Procedure

Spring 2022
Las Vegas, NV

Results



Table of Perceptions of Female Coaches

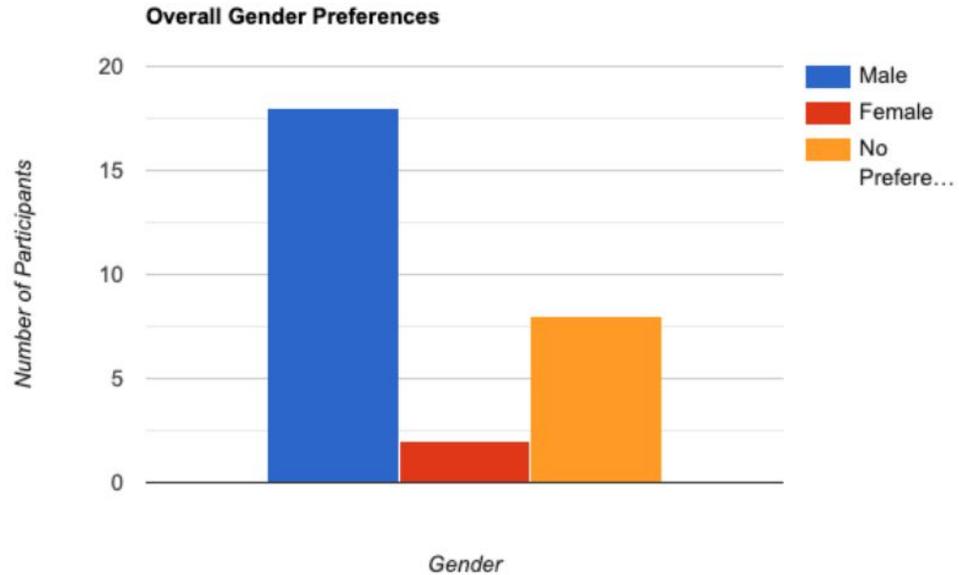
Adjective	Mean	Standard Deviation	Median
Encouraging	7.88	± 2.61	8
Harsh	5.67	± 2.74	6
Supportive	8.12	± 2.68	9
Unsympathetic	4.04	± 2.82	4
Focused on Winning	7.04	± 2.82	8
Fair	7.04	± 2.96	7.5
Strict	6.13	± 2.90	7
Knowledgeable	7.88	± 2.40	8.5

Table of Perceptions of Male Coaches

Adjective	Mean	Standard Deviation	Median
Encouraging	8.78	± 1.74	10
Harsh	8	± 2.38	9
Supportive	8.85	± 1.97	10
Unsympathetic	5.82	± 2.58	6
Focused on Winning	8.74	± 1.95	10
Fair	8.33	± 2.00	9
Strict	7.92	± 2.30	8.5
Knowledgeable	9.37	± 1.47	10



Overall Gender Perceptions



Thank you!

Do you have any questions?



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