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The Muscular Dystrophy Association

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What is Muscular Dystrophy?
- According to Eugenio Mercuri, “Muscular dystrophies are a heterogeneous group of inherited disorders that share similar clinic features and dystrophic changes on muscle biopsy.”
- In layman's terms it is an umbrella term for a group of serious genetic nero-muscular diseases.

How is Muscular Dystrophy a Social Problem?
- Muscular dystrophy (MD) is a social problem because the people affected by it do not get to live a normal life.
- Another important note brought up by the Harvard Medical School Health Topics is that the symptoms of MD will persist throughout that person's life time. Not only that, but there is currently no known cure for MD.

Site Approach to Issue
- The MDA holds clinics, fundraisers and even a summer camp to help better the lives of those suffering from MD. They are doing their best to find a cure for MD.

References


Service Learning Experience

Service to the Community
- I did my service with the Muscular Dystrophy Association, I helped out with the Annual MDA Muscle Walk that was held in Town Square. It was so much fun! We raised enough money to send 5 kids to summer camp (approximately $2,500 per kid)! The MDA does so much for the Las Vegas Community, their events are not just limited to people within the MDA, they are always open to the public.
- I have also volunteered at their annual summer camp as an Archery Instructor and an Activities Leader.

Semester Reflection
- I have been working with the MDA for about 4 years now, but I have been involved with them for a long time. My mother has CMT, a type of Muscular Dystrophy. Being able to help the MDA during this spring semester has really brightened my outlook on the world. I have made changes in my life and I hope in the lives of others.

Expectations
- Prior to this semester, all of my volunteering with the MDA had been at summer camp. I was not sure what to expect for this semester. I realized that working with children really is what I want to do, which is why I am an Education Major.

My Own Views
- Working with the MDA has made me a better person both inside and out. My mother has MD and it has been a long battle with us trying to do our best to help her live a great life. I have always loved helping people and by volunteering with this organization, I have been able to achieve just that.

Did I Change the Site?
- I would say yes. I do not have a lot of money, but I am doing my best to contribute what I do have which is time. Organizations like the MDA need people to donate their time so that they can continue to do what they can for the people who depend on them.

My Future With the MDA
- I do believe I will keep working with the MDA for the rest of my life.
- I want to help spread the word about the MDA and about all of the great things that they are doing for families like mine.