Women's Research Institute of Nevada Newsletter

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Women's Research Institute of Nevada

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September 2018 Updates
As we continue year #2 with a new team in place at WRIN, we have much to anticipate for the months ahead. Many research projects are underway, but we are focusing on three main endeavors to anchor our 2018-2019 year: The Gender Equity Index is collecting workplace gender equity data from Nevada businesses registering for licensing through the Secretary of State’s website. This November, our director Dr. Rebecca Gill will join Jan Jones Blackhurst and other corporate leaders at American University in Washington, D.C. to assess the impact of gender equity practices with economists from across the nation. We will be releasing profiles of workplace gender equity best practices later this year. Our Post-Doctorate Fellow, Dr. Jessica Saunders is busy meeting with experts in a variety of fields impacting women’s well-being in Nevada. She will be structuring focus groups to compile key questions for an online survey of indicators assessing women’s status in Nevada. The final report of The Status of Women in Nevada is planned for release mid-2019. Our intent is to make this research available for Nevada legislators, giving them viable data for impactful policymaking. Finally, applications are now open for our 2019 NEW Leadership Nevada Class. The program will be hosted here at UNLV June 3-8, 2018. We are currently undergoing rigorous recruitment of students from across our state. We encourage anyone who is acquainted with a college student who could benefit from leadership training to contact us.

We could not accomplish this work without the support of our Community Advisory Board. These women consistently lend their time and energy to promote our Institutional goals. We recently held our annual Community Advisory Board retreat where we strategized our plans for enhancing funding and expanding our research capacity in 2018-2019. We are investigating grant opportunities and meeting with legislators to assess funding opportunities. We are also actively engaging with corporate leaders to create opportunities for collaboration and community involvement. We realize that our work
could not be accomplished without the help of so many committed supporters. For that and so much more, we thank all of you.

With sincere appreciation,

Dr. Caryll Batt Dziedziak
Assistant Director

Upcoming WRIN Events for October

NEW Leadership NV 2018 Alum Shyrun Karandikar receives International Women's Forum Internship
The Nevada Forum was chartered in 1999 as a chapter of the International Women’s Forum (IWF), an international organization of the world’s most pre-eminent women of significant and diverse achievement. The Nevada Forum furthers dynamic leadership, leverages state, national and global access, and maximizes opportunities for women in Nevada to exert their

Round table September RECAP
with Dr. Jessica Saunders, WRIN Postdoctoral Research Fellow
Two qualitative analyses of the lived recovery experiences of stakeholders (30 young women between the ages of 18 and 35 in self-defined eating disorder (ED) recovery) were explored. The overarching study drew on a photo-elicitation method (PhotoVoice) and semi-structured interviews to examine the sociocultural influences on young women’s ED recovery experiences. Photography and the accompanying narratives capturing personally-meaningful social, cultural, and systemic influences on recovery were
Founded in 1982 in the United States, the International Women’s Forum has grown across six continents into 33 nations. There are more than 5,500 women leaders participating in Africa, Asia, the Caribbean, Europe, Latin America, the Middle East, Australia and North America. With over 80 members from both northern and southern Nevada, the Nevada Forum of IWF provides a platform for women leaders to meet among their peers in a non-competitive environment where meaningful friendships and alliances can form and grow.

In conjunction with giving women a platform, the Nevada Forum has offered our 2018 NEW Leadership Nevada Alum Shyrun Karandikar a position to work in their office. Currently she is currently a junior Pre-Professional Biological Sciences major, concentration in Pre-Med, double minor in Psychology and Neuroscience at the University of Nevada, Las Vegas. Shyrun will be connecting with a very influential group of powerful women in Nevada from now and throughout Spring 2019. To learn more about WRIN internships with community partners like Nevada Forum, visit our Education page.

The data were examined in two unique ways: (1) to identify how ‘selfies,’ or self-portraits, are used to bolster one’s recovery trajectory, and (2) to identify key areas and meaningful venues of social policy-based change. Narratives related to ‘selfies’ were identified and classified into four distinct categories: the harmful or hindering role of ‘selfies’ on eating disorder recovery, the health promoting role of ‘selfies’, willingness to be seen during eating disorder recovery, and the role of self-confidence and self-esteem in both sharing ‘selfies’ and maintaining recovery. These data suggest that ‘selfies’ have both negative and empowering effects for women in eating disorder recovery. In examining the data for policy implications, six areas of improvement emerged: media, healthcare practice and access, health insurance reform, education, objectification of the female body, and mental health stigma. Implications for reform include leveraging the media to inspire communication about sociocultural risk factors, health disparities in access to care, and disordered eating, and efficient interventions simultaneously targeting both education and stigmatization (i.e. as the public is better informed, stigma may also decrease).

Our next Gender Research Round table is on Wednesday October 17 at noon in Wright Hall.

Donate Designation to WRIN
Apply for NEW Leadership 2019
Applications in October 2018 thru February 2019

National Education for Women’s (NEW) Leadership Nevada is an award-winning national program that educates and empowers the next generation of women leaders. Conference location will be at UNLV but open to all aspiring women leaders enrolled in an NSHE institution. **Applications open in OCTOBER 2018 and due in FEBRUARY 2019.** We choose 25 student leaders a year in the entire state of Nevada and it is at no cost to those students selected to stay for the six days on campus in the dorms.

Learn more on our website about the [summer program](#)!

Questions? Contact Program Manager Jean Munson, newl@unlv.edu or 702-895-2902

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**NEW Leadership Alum Spotlight**

Donica Beckett (Class of 2017)

With a first name that means “to give”, wellness, empowerment, and philanthropy are personal tenets of mine. My assiduous work as an educator, public health researcher, and servant leader embodies this passion. I obtained a dual bachelors degree in Health Promotion & Disease Prevention and Political Science from the University of Houston. I also completed a master of public health degree at the University of Nevada, Las Vegas. Additionally, I am working on a second masters degree in Integrative Healthcare Leadership. One can find me at the intersection of public health and social justice. Currently, in my role as Regional Chronic Disease Prevention Coordinator for Well-Ahead, I work to decrease health disparities by implementing evidence-based benchmarks and wellness focused policies in workplaces such as schools, universities, government, healthcare facilities and faith-based organizations. As a researcher, my pioneering sexual and reproductive health work has also been recognized nationally for innovation and “filling in gaps” among African-American college students’ sexual health. My civic responsibilities include, but are not limited
to scholarly work, political involvement and community engagement, community building, speaking and mentorship. In the near future, I will be expanding my public affairs endeavors in health, policy and management to prevent and reduce maternal and child health disparities. A distinctive program such as NEW Leadership Nevada helps emerging women leaders bring their many experiences and talents into focus, hone leadership skills and act as catalysts for future career goals. Every woman deserves a chance to steer their passions into sustainable action plans. Living a purpose-driven life, I am on a mission to build healthier legacies globally, so that the women and girls I pay it forward to will have the same opportunity to do so in their best health possible.

Caitlin Shea is a native of Las Vegas who infamously talked before she could walk. She has been a lifelong entertainer stretching her performance range from singing acapella, stage/screen acting and
musical theatre to emceeing major events, voiceover narration and more. She holds a Bachelor's degree in marketing from the University of Denver in Colorado. Caitlin is a philanthropist and non-profit professional who is lucky enough to find herself giving for a living for over 10 years. In September of 2017 Caitlin decided that speaking is not just a passion, it's a way of life and Conversations with Caitlin was born. Shea is mom to one small fur baby named Finn.

Read more about Community Advisory Board

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