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Narratives of Distinctiveness or Similarity and Connection - A Response to Korman, De Jong and Jordan's Steve de Shazer's Theory Development

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*ARTICLE***Narratives of Distinctiveness or Similarity and Connection - A Response to Korman, De Jong and Jordan's Steve de Shazer's Theory Development**

Guy Shennan

The Solution-Focused Collective

Abstract

2020年，2020年，*Journal of Solution Focused Practices* 發表了一篇名為「Steve de Shazer 理論發展」文章。這篇文章的作者探究了 de Shazer 整個職業生涯，將其分為四個階段，並從中提煉出作者認為是 de Shazer 思想和實踐基礎的六項公理 (axiom)。在作者對這六項公理的評論中，相當強調 SFBT 的獨特性；作者相當希望從這六項公理的各個基本面向，能將 SFBT 與大多數、甚或是所有其他治療方法，明確地建構出差異區分度。本文是對「Steve de Shazer 理論發展」一文中特定一項面向給予回應。本文建議，透過心理治療專業領域不同取向之間的對照比較，SFBT 是可以構建出關於獨特性的敘事，以及相似性與聯繫性的敘事。本文尚提出一些如何發展更多相似性與聯繫性敘事的相關論點。

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