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Volunteering at Atria Sunlake

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VOLUNTEERING AT ATRIA SUNLAKE

KEVIN LOISELLE

Service Learning Experience



Social Issue:

Adults nowadays have less to no time to take care of their elderly parents.

Service Site Solution:

Atria Sunlake provides the elderly with a very nice retirement home. They have staff readily available at all times that can help the elderly who live there with whatever they need assistance with. Ex: Taking pills, Changing cloths, Eating.



How I Completed My Service:

- I helped run bingo sessions for the elderly
- I helped prepare for dinner in the main hall and clean up afterwards
- I Helped serve dinner for the elderly



Why I Did My Service:

- At first I was only doing it because it was mandatory for the class
- After the first time I realized that it wasn't so bad and I decided that I would try to talk more to the elderly people in the home.
- Volunteering for them was fun because the elderly there were very nice which made my experience much more enjoyable.

What I Learned:

- Many of the elderly really like it when I talked to them
- I think this is because they don't really have many people to talk to in the retirement home, especially younger people.