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## Narratives of Distinctiveness or Similarity and Connection - A Response to Korman, De Jong and Jordan's Steve de Shazer's Theory Development

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**ARTICLE****Narratives of Distinctiveness or Similarity and Connection - A Response to Korman, De Jong and Jordan's Steve de Shazer's Theory Development**

Guy Shennan

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The Solution-Focused Collective**Abstract**

2020年, Journal of Solution Focused Practices 发表了一篇名为“Steve de Shazer 的理论发展”文章。这篇文章的作者探究了 de Shazer 整个职业生涯, 将其分为四个阶段, 并从中提炼出作者认为是 de Shazer 思想和实践基础的六个公理 (axiom)。在作者对这六个公理的评论中, 相当强调 SFBT 的独特性; 作者相当希望从这六个公理的各个基本面向, 能将SFBT与大多数、甚或是所有其他治疗方法, 明确地建构出差异区分度。本文是对“Steve de Shazer 理论发展”一文中特定一项面向给予回应。本文建议, 透过心理治疗专业领域不同取向之间的对照比较, SFBT是可以构建出关于独特性的叙事, 以及相似性与联系性的叙事。本文尚提出一些如何发展更多相似性与联系性叙事的相关论点。

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