Title: FAMILY-FARM THERAPY: AN URBAN THERAPY SITE TO ADDRESS THE MULTIFACETED NEEDS OF MULTI-STRESSED FAMILIES AND THEIR SURROUNDING COMMUNITIES

Summary of Poster Presentation (maximum 150 words): Family-Farm Therapy incorporates a therapeutic clinic within an urban farming community site, and focuses on multi-stressed family systems and the larger community system. The goal is for systemic change within the family and the community by creating positive relationships and personal acceptance. Farming has traditionally been a family endeavor which makes it a unique environment to be utilized as metaphors for family systems, their interactions, behaviors, and structure. Multi-stressed families have socioeconomic hurdles that complicate their ability to adjust to change and crisis in their family. Farming addresses such hurdles by offering economic sustenance, increased physical health, and community acceptance. Family-Farm Therapy incorporates the benefits of farming to directly address socioeconomic hurdles as part of the therapeutic plan. This literature review will explore other out-of-the-box therapeutic applications that have demonstrated clinical significance and/or research effectiveness, as a foundation for Family-Farm Therapy’s innovative contribution to the application of family therapy.

Name: Felisa M. Huene, BA., Graduate Student
Affiliation/s: Department of Marriage and Family Therapy, University of Nevada, Las Vegas
First Author’s Permanent Mailing Address: 2102 Citroen Street, Las Vegas, NV 89142
First Author’s Phone: (702)-768-2318
First Author’s e-mail Address: huenef@unlv.nevada.edu
First Author’s Presenter Experience: Graduate student in a COAMFTE accredited program.