Element 1: Persistence and repetition
Element 2: Flexibility: Go for the Soft Targets
Element 2: Take What You Can Get
Element 3: Know your Faculty
Element 4: Show Results
Element 5: Seize the Day
Element 6: Quid pro Quo
Element 7: Capitalize on the Personal
Element 8: Nurture your Creds
Element 9: Be Grounded in the Discipline
Element 10: Enlist the Students