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Rebar: Reinforce Your Career with Self-Mentoring

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Rebar: Reinforce your career with self-mentoring

Xan Goodman, Health & Life Sciences Librarian

Lied Library, University of Nevada, Las Vegas, Las Vegas, NV

MLA 2014, Chicago, IL, Poster Session



Methods

- ❑ Survey research - 10 question survey
- ❑ Distributed via MED-LIB-L, NCNMLG, MGLSCA, MCMLA, and direct e-mails to 58 provisional AHIP members

Results

- ❑ 65 respondents overall. Total number of respondents for each question varied.
- ❑ Over 30% of respondents indicated 1-5 years as a librarian
- ❑ 43% of respondents work in universities, 32% in hospitals

Descriptive Statistics

Question	Mean
2	3.06
4	1.66
5	2.55
6	1.8
7	2.54
8	1.85
9	2.5

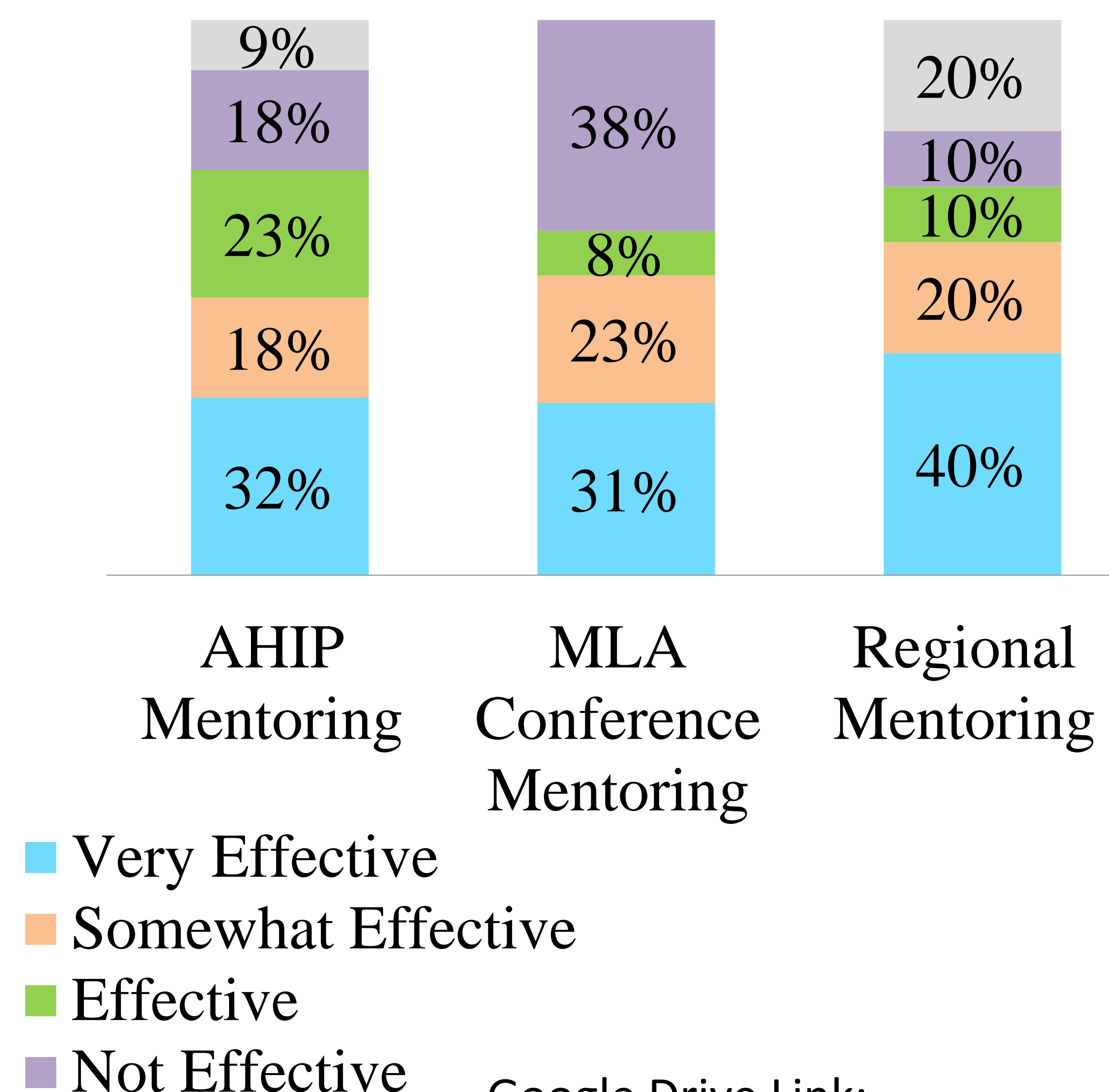
Further Research

- ❑ Apply content analysis to open ended survey responses.

Self Mentoring Strategies

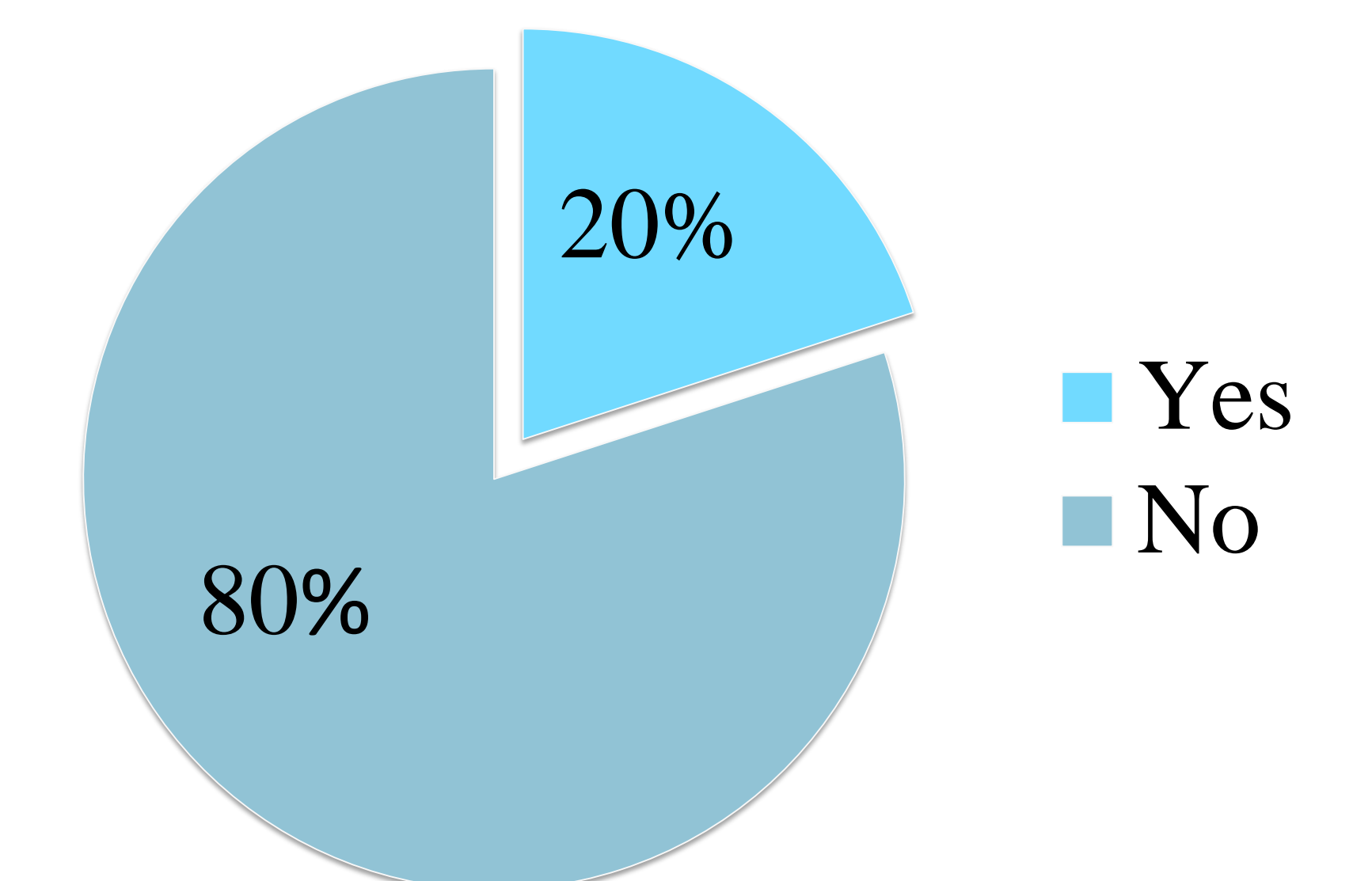
- Talking to colleagues
- Reading; networking
- Productivity, learning and applying new technology
- Read Professional journals and newsletters and from other departments of my work place. Attend various committee meetings and seminars presented by other departments
- Join various professional webinars from organizations and vendors.
- Work with younger librarians
- Professional reading, going to MLA annual meetings and local library meetings, webinars,
- Informal work-life balance strategies.
- Historical research.
- N=57 respondents answered the self-mentoring question.

Effectiveness of Mentoring

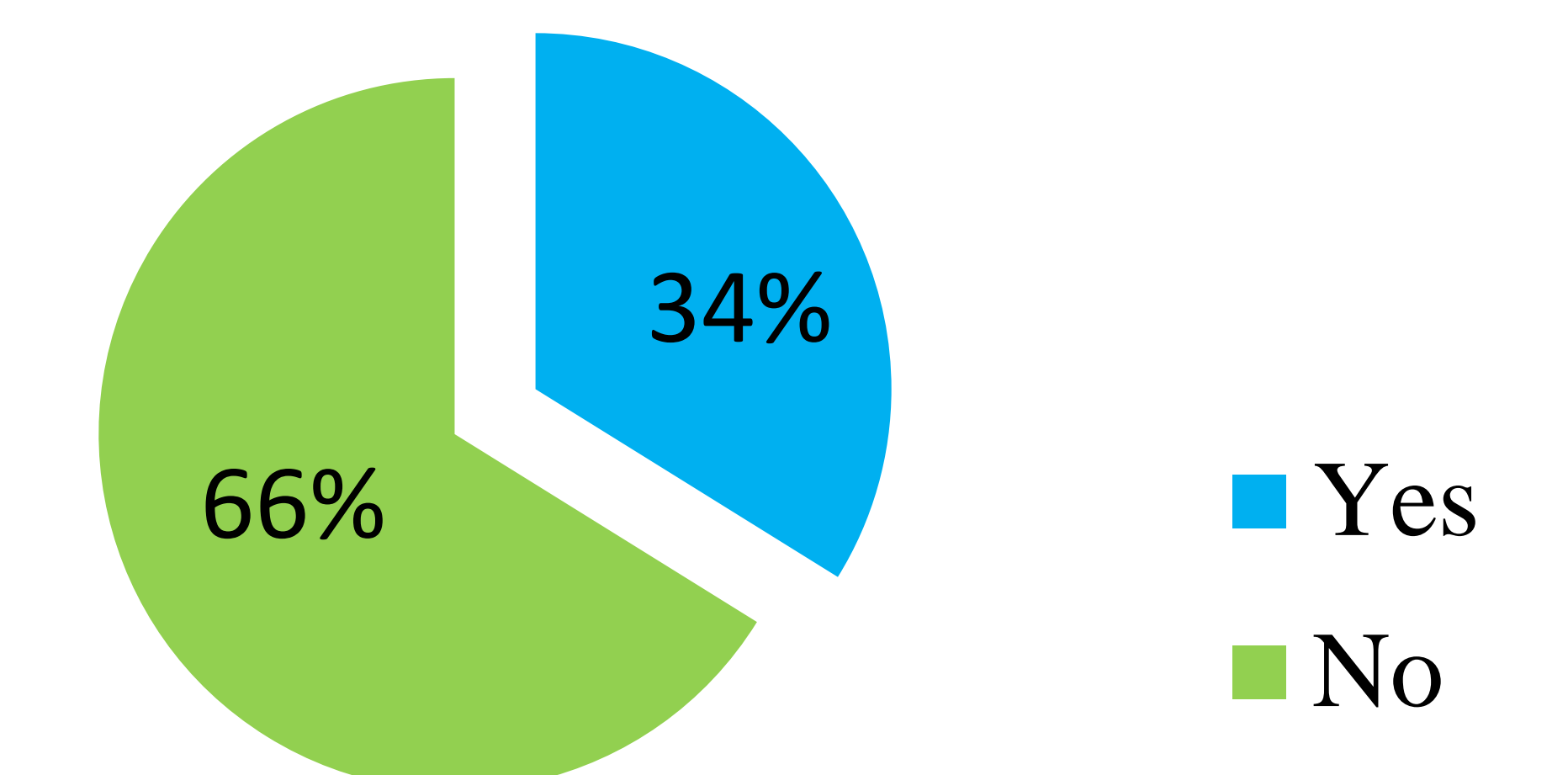


Mentoring Program Utilization

Have you used the MLA conference mentoring program?



Do you have an AHIP Mentor?



Do you participate in any of the mentoring programs offered by MLA regional chapters?

